

## Adult Form

### Identification

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home #: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_  
May we leave a message? Home:  Y  N Cell:  Y  N Work:  Y  N  
Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Gender:  M  F

Occupation and Employer: \_\_\_\_\_

Education (Circle last year completed):

Grade/High School: 1 2 3 4 5 6 7 8 9 10 11 12

College: 1 2 3 4 5 6+

Marital Status:  Single  Married  Domestic Partnership  Separated  
 Divorced  Widowed  Living Together

How were you referred to Cascade Counseling?  Myself  Yellow Pages  Relative  
 Friend  Doctor/Hospital/Clinic  Parent/Guardian  School  Teen Hotline  
 Court/Judge/Lawyer  Probation or Parole Officer  Another agency (specify): \_\_\_\_\_  
 Other (specify): \_\_\_\_\_

### Health Information

Rate your physical health:  Very Good  Good  Average  Declining

Date of last physical exam: \_\_\_\_\_ Physician's Name: \_\_\_\_\_

Medications you are currently taking: \_\_\_\_\_

Prescribed by: \_\_\_\_\_ Phone #: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Phone #: \_\_\_\_\_

### Religious Background

Do you believe in God? \_\_\_\_\_

Denominational preference: \_\_\_\_\_

Religious background of spouse (if married): \_\_\_\_\_

Explain recent changes in your religious/spiritual life, if any: \_\_\_\_\_

### Marriage Information (if never married skip this section)

Spouse Name: \_\_\_\_\_ Age: \_\_\_\_\_ Employer: \_\_\_\_\_

WorkPhone: \_\_\_\_\_ Have you or your spouse ever been divorced?  Y  N

Have you ever been separated?  Y  N Date of marriage: \_\_\_\_\_

Give brief information about any previous marriage(s): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Child(ren) information**

Name	Age	Gender	Living (yes/no)	Education	Marital Status

**Please answer the following questions:**

1. What brought you to therapy? \_\_\_\_\_

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2. What have you tried so far? \_\_\_\_\_

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3. What would you like us to do? \_\_\_\_\_

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4. Describe your spouse's/partner's personality in a few words (selfish, loving, etc): \_\_\_\_\_

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5. As you see it, what kind of person are you? Describe yourself. \_\_\_\_\_

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6. Is there any other information you would like me to know about? \_\_\_\_\_

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